**bZzb AšÍtmËv/ AšÍtmËv gwnjv‡`i †ÿ‡Î bxwZgvjv**

**Policy for new pregnant /pregnant woman**

cwjwm c~bms¯Kib t 01-12-2021

cwjwm ev¯Íevqb Ki‡eb t gvbe m¤ú` I cÖkvmb wefvM

cwjwmi mvwe©K ZË¡veavb Ki‡eb t e¨e¯’vcK (cÖkvmb I gvbe m¤ú` wefvM)

* hLbB †Kvb gwnjvAšÍtmËv n‡e ZLbB Zv KZ©©„cÿ‡K AeMZ Ki‡e|
* KZ©©„cÿ Zv‡`i ‡K mgqgZ Wv³vi KZ…©K ˆbwgwËK kvixwiK mKj †PKAv‡ci e¨e¯’v Ki‡e,we‡kl K‡i Zv‡`i i‡³i wn‡gv‡Møvweb I Avqi‡bi gvÎv mwVK Av‡Q wKbv Zv wbY©q KiZt cÖ‡qvRbxq c`‡ÿc †b‡e|
* H gwnjv kÖwgK †h †d¬v‡i ev jvB‡b KvR Ki‡e †m †d¬v‡i ev jvB‡bi jvBb Pxd,mycvifvBRvi I cvk©eZx© mKj Acv‡iUi‡`i I mnKvix‡`i Zv‡`i cÖwZ memgq mnbvfzwZ mnKv‡i Zv‡`i mKj Amyweav we‡ePbv Ki‡e|
* ‡Kvb gwnjv kÖwgK AšÍtmËv nIqvi ci Zv‡K nvjKv Kv‡R wb‡qvM Ki‡e Ges cÖ‡qvR‡b Zv‡`i‡K AwZwi³ 2 N›Uv KvR †\_‡K weiZ ivL‡e|
* AšÍtmËvgwnjv kÖwgK KLb wKfv‡e †m Zvi gvZ…ËKvjxb QzwU †fvM Ki‡Z Pvq KZ©©„cÿ Z`vbyiæc e¨e¯’v MÖnb Ki‡e|
* mšÍvb cÖm‡ei ci h\_vh\_ mg‡q Kg©‡ÿ‡Î Zvi c~‡e©i Kv‡R †hvM`vb Ki‡e Ges †Kv¤úvwbi I AvB‡bi cÖPwjZ wewa †gvZv‡eK mKj my‡hvM myweav cv‡e|

**bZzb AšÍtmËv/ AšÍtmËv gwnjv‡`i †ÿ‡Î mZK©Zv Aej¤^b**

* GKUvbv 2q Zjvi †ekx wkwo DVv hv‡e bv| GKUz wekÖvg wb‡q m‡e©v”P 3q Zjv EVzb|
* fvix wRwbm ,cvwbi evjwZ BZ¨vw` EVv‡bv hv‡e bv|
* GK bvMv‡o †ekxÿb `vwo‡q \_vK‡e bv, GKUz e‡m wekÖvg wb‡Z n‡e|
* KvR †kl nevi 05 wgwbU c~‡e© Kv‡Ri RvqMv †Q‡o w`‡Z n‡e|
* Ec‡i IVv bvgvi mgq wjdU e¨envi eva¨Zvg~jK|
* Wv³v‡ii wb‡`©k †gvZv‡eK wekÖvg wb‡Z n‡e|
* cÖwZgv‡m Wv³vi w`‡q †PKAvc Kiv‡Z n‡e|
* fv½v iv¯Ív w`‡q †h‡Z mZK©Zv Aej¤^b Ki‡Z n‡e hv‡Z SvKzwb bv jv‡M|

Aby‡gv`bKvixi ¯^vÿi

cwiPvjK (&G¨vWwgb GÛ Kgcøv‡qÝ)

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